

Girls Work: Growing Together

You are warmly invited to a day-long workshop and rites of passage ritual for girls aged 11-13, together with their mothers or female caregivers, to support their transition into early adolescence.

Saturday
OCTOBER
24

DETAILS

When

Saturday 24 October 2026
10am-5pm
(arrival 9.45)

Where

Kangaroo Ground
(address will be sent after booking)

Booking

<https://events.humanitix.com/girls-work-growing-together>



Cost

\$260

More event info will be emailed to you after booking, prior to the event.

*"I took the stars from my eyes
and then I made a map
And knew that somehow I
could find my way back"*
-Florence and The Machine

Modern life can overwhelm girls with unrealistic beauty standards; with pressure to compare, compete, and be 'nice'; and with an expectation to not take up too much space. Youth surveys reveal a staggering 90% to 95% of teenagers express some degree of negative body image or appearance-related anxiety. Evidence shows that Social media platforms heavily reinforce these anxieties.

Through facilitated discussions, experiential processes, skills to take home and a rites of passage ritual, Growing Together is designed to:

- Support girls and their caregivers in navigating harmful cultural messages
- Develop healthy relationships and boundaries
- Empower girls to trust their bodies, think for themselves, and strengthen their confidence
- Give girls the experience of a group ritual at an important threshold in their lives

